

Supplying vaping devices and liquids as part of a personalised treatment plan for tobacco dependency

Patient waiver form

Please sign below to say that you understand the information that has been given to you by your Healthcare Professional in relation to you using vaping products.

I understand that:

The CURE Project team (specialist tobacco dependency treatment service) supplies vaping devices and liquids to patients that smoke tobacco as part of a personalised treatment plan for tobacco dependency. Vaping is an evidence-based intervention and recommended for the treatment of tobacco dependency by the National Institute for Health and Care Excellence (NICE) in the United Kingdom (UK). It is important to note the following:

- Smoking tobacco is both uniquely addictive and uniquely dangerous
- 1 in 2 people that smoke tobacco will die because of the diseases caused by smoking
- The addictive substance in tobacco smoke is nicotine but nicotine is NOT the cause of the harms of smoking
- The harm of smoking comes from the thousands of poisonous chemicals produced when tobacco is burnt
- Vaping devices do NOT contain tobacco and no tobacco is burnt
- Vaping devices heat a nicotine liquid to create a vapour that the user inhales
- Vaping is a very effective intervention to help a person that smokes tobacco to stop
- Although there is not enough evidence to know whether there are long term harms from vaping, it is **substantially less harmful than smoking tobacco**
- It recommended to switch entirely from tobacco to vaping, as any exposure to tobacco smoke is harmful
- It is important to use the highest strength nicotine liquid & to use the vaping device as much as possible to prevent the need to smoke tobacco
- Ideally a person that is vaping should ultimately try to stop vaping but not if this leads to relapse to smoking tobacco
- The chances of successfully stopping smoking are increased by the support of a specialist team, please consider accepting ongoing support from our CURE team
- Our team will provide an initial package of a vaping device and liquids. If nicotine liquids or new devices are required after this period, these must be purchased by the individual
- Only purchase vaping devices and liquids from licensed vendors who are regulated under the Tobacco and Related Products Regulations 2016. Illegal and illicit vaping liquids (often containing cannabis and an oil called vitamin E acetate) have been linked to a severe life-threatening lung illness. There have been no links to this illness with licenced nicotine liquids.

The vaping devices and liquids provided are not medicinally licensed. The CURE team do not take responsibility for any adverse effects or product liability issues in the unlikely event that anything should occur. If you believe you have had an adverse reaction to vaping, you can report this to the MHRA via their Yellow Card scheme at yellowcard.mhra.gov.uk.

If you have any problems or concerns with the products we provide, our supplier takes full responsibility for all its products, and will be very happy for you to contact them through their website, www.totallywicked-liquid.co.uk, by phone on 01254 692244, or by email at info@totallywicked.co.uk.



Client to sign: Trained Professional to sign:

Date: Date:

